

LOCAL 310 PLAN FOR FY 2010-12

FOR

CALHOUN-CLEBURNE  
MENTAL HEALTH BOARD, INC.

## **TWO YEAR PLAN FOR FY 2010-12**

Calhoun-Cleburne Mental Health Board, Inc.

A comprehensive 310 Board serving Calhoun and Cleburne counties.

Populations served include persons with mental illness, intellectual disabilities and substance abuse.

### **Vision Statement**

It is the vision of the Calhoun-Cleburne Mental Health Board Inc. to provide the residents of Calhoun and Cleburne Counties with the most preeminent quality of services possible. This necessitates providing services in the most efficient and effective manner given available resources. It also provides every individual with mental illness, intellectual disabilities and substance abuse issues with the opportunity of early detection and effective treatment.

### **Mission Statement**

The mission of the Calhoun-Cleburne Mental Health Board, Inc. is to ameliorate and prevent mental illness, substance abuse and intellectual disabilities. To accomplish this mission, the Calhoun-Cleburne Mental Health Board, Inc. provides a comprehensive range of accessible, coordinated mental health services to the residents of Calhoun and Cleburne Counties.

Services to the extent allowed by financial resources are available to all residents of Calhoun and Cleburne Counties regardless of age, sex, race, color, creed, national origin, diagnostic category, voluntary or involuntary status, ability to pay, handicap, social status, or length of residence in the catchment area. Services are rendered in the least restrictive setting with compassion and respect for the unique needs of each individual and in full compliance with applicable laws, regulations, and relevant code of ethics.

### ***“To Those Who Need – By Those Who Care”***

#### **I. Plan Development**

- A. **Planning Cycle** – Planning is an ongoing process with formal plans developed at the end of every even numbered fiscal year. This allows for the development of two-year plans as set forth in the Alabama Administrative Code, Standard for 310 Boards.
- B. **Role of Key Stakeholders** – Key stakeholders include the Board of Directors, Executive Director, staff, certification teams, advocates, family members and related parties such as other social service agencies and funding source representatives. It is the

role of all of these parties to provide input to determine community needs. This input can be in a formal or informal manner such as reports, reviews, surveys, complaints, grievances, and/or general observations. The data gathered is assembled by the stakeholders and reported to the Executive Director. Once the Executive Director approves the data it is reported to the Board of Directors as a planning document.

- C. **Plan Monitoring and Evaluation** – The plan will be reviewed by the Board of Directors to evaluate the process and determine if additions, deletions or modifications need to be made to the plan's goals and objectives.

## **II. Plan Components**

### **A. Population**

- a. **Type** - Calhoun-Cleburne Mental Health Board, Inc. services address the needs of persons of all age groups with mental illness, Intellectual disabilities, and substance abuse.
- b. **Catchment Area** – Calhoun and Cleburne Counties
- c. **Demographics** – See attachments.

### **B. Community Needs and Service Priorities**

- a. **Needs Assessment** – needs are determined by gathering data from consumers and family members through satisfaction surveys, local planning meetings, community meetings with local agencies, Mental Health Officer meetings, site visit results, community liaison officer and other instruments. Board members, staff, local officials, the medical community, clergy and local agencies are useful sources in determining needs in the catchment area.
- b. **Greatest Area of Unmet Needs**
  - 1. Local and State Funding
  - 2. Crisis Stabilization Unit/Local Inpatient Beds
  - 3. Expansion of In-home intervention Services for Children and Adolescents in Cleburne County
  - 4. Repair and Upgrade of Existing Facilities
  - 5. Increase Residential Beds
  - 6. Local contracts for supportive employment
  - 7. Vacancies in Intellectual Disability group homes

### **C. Services**

- a. **Current Services** – See attached list of Calhoun-Cleburne Mental Health Board, Inc. services.
- b. **Services Needed** – Funding is needed to expand and develop crisis stabilization beds, in-home intervention for children and adolescents, repair and upgrade

facilities, and increase residential beds. Business growth and development is needed in the community to ensure supportive employment opportunities for individuals with intellectual learning disabilities.

**D. Resource Development**

- a. **Current Budget and Resource Allocation** – See attached budget.
- b. **Funding Resources to Address Unmet Needs -**
  1. Increase in DMH Contract
  2. Increase in Medicaid rates
  3. Increase local funding

**III. Goals and Objectives**

**Goal 1**

**Continue to increase efficiency and effectiveness**

**Objectives:**

1. Thoroughly assess unmet needs
2. Increased funding from existing resources
3. Explore possibility of new services
4. Ensure stability and quality of current services
5. Electronic Medical Records (EMR)
6. Telemedicine
7. Obtain two year certification from DMH

**Goal 2**

**Ensure Community Mental Health Program Standards are met.**

**Objectives**

1. Weekly quality assurance meetings
2. Monthly quality improvement/enhancement meetings
3. Monthly Supervisor's meetings
4. Random audits by clinical director
5. Random reviews by supervisors
6. Administrative team meeting

**Goal 3**

**Continue to increase consumer satisfaction rating**

**Objectives**

1. Satisfaction surveys
2. Consumer service training

**Goal 4**

**Reduce number of State Hospital Admissions**

**Objectives**

1. Identify consumers who are decompensating
2. Utilize residential beds
3. Utilize Mental Health Officer to stabilize consumers
4. Utilize local hospital
5. Utilize ACT team

**Goal 5**

**Reduce staff turnover**

**Objectives**

1. Recruit quality applicants
2. Improve benefits
3. Improve training opportunities
4. Provide quality tools/equipment

**Goal 6**

**Develop or expand needed and/or unmet services**

**Objectives**

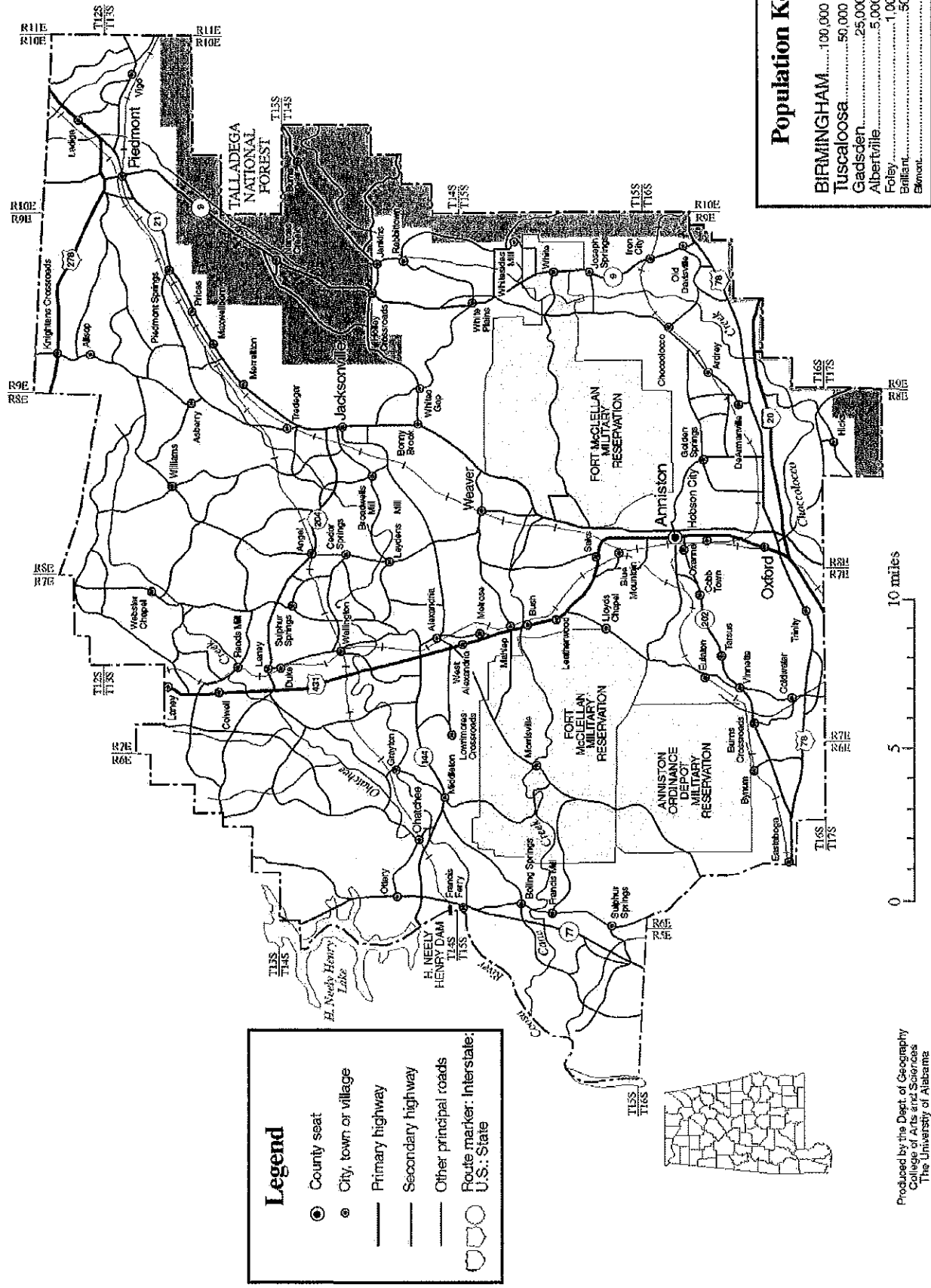
1. Development or expansion of needed and/or unmet services will be determined by revenue from local funding sources. Needed services include (Greatest Area of Unmet Needs - Section II, B).
  - i. Local and State Funding
  - ii. Crisis Stabilization Unit/Local Inpatient Beds
  - iii. Expansion of In-home intervention Services for Children and Adolescents in Cleburne County
  - iv. Repair and Upgrade of Existing Facilities
  - v. Increase Residential Beds
  - vi. Local contracts for supportive employment
  - vii. Vacancies in Intellectual Disability group homes

Unmet needs will be addressed on continuous bases through Administrative Team Meetings, MI Supervisor Meetings, Quality Improvement, Quality Assurance and Quality Enhancement. Directors, supervisors, and the Executive Director will review each unmet need for implementation. The economic crisis continues to cause a strain on developing and/or expanding services. Until funding is available to develop/expand services, the Calhoun-Cleburne Mental Health Board, Inc. will continue to offer and maintain current services.

2. Seek grants (local, state and federal) for assistance with unmet services

# Demographics

# CALHOUN COUNTY



Produced by the Dept. of Geography  
College of Arts and Sciences  
The University of Alabama

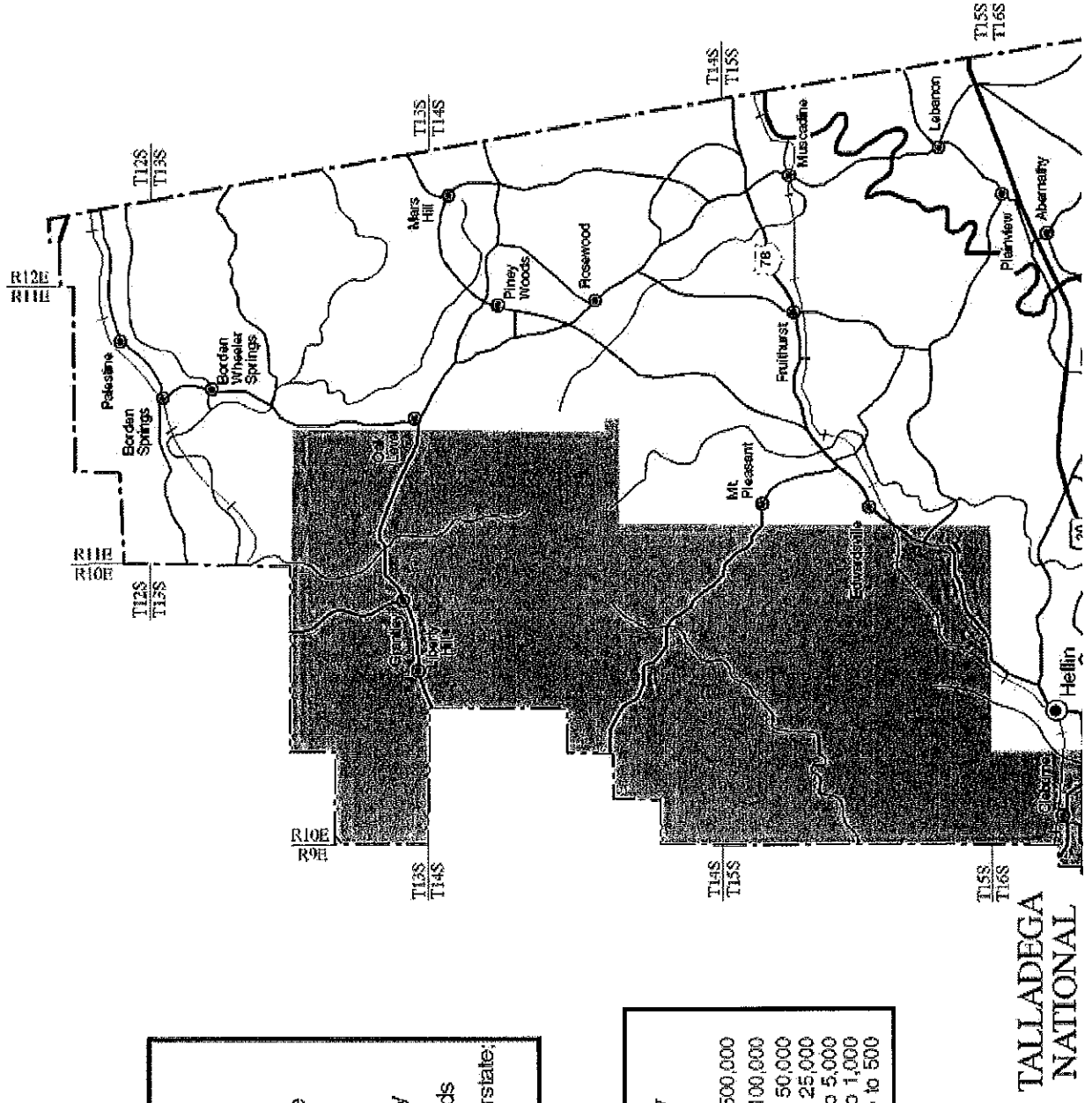
## Calhoun County, Alabama

People QuickFacts	Calhoun County	Alabama
Population, 2009 estimate	114,081	4,708,708
Population, percent change, April 1, 2000 to July 1, 2009	1.6%	5.9%
Population estimates base (April 1) 2000	112,243	4,447,382
Persons under 5 years old, percent, 2009	6.7%	6.7%
Persons under 18 years old, percent, 2009	23.4%	24.0%
Persons 65 years old and over, percent, 2009	15.0%	13.8%
Female persons, percent, 2009	52.1%	51.5%
White persons, percent, 2009 (a)	77.6%	70.9%
Black persons, percent, 2009 (a)	20.0%	26.3%
American Indian and Alaska Native persons, percent, 2009 (a)	0.4%	0.5%
Asian persons, percent, 2009 (a)	0.8%	1.0%
Native Hawaiian and Other Pacific Islander, percent, 2009 (a)	0.1%	Z
Persons reporting two or more races, percent, 2009	1.1%	1.1%
Persons of Hispanic or Latino origin, percent, 2009 (b)	2.6%	3.2%
White persons not Hispanic, percent, 2009	75.2%	68.0%
Living in same house in 1995 and 2000, pct 5 yrs old & over	57.1%	57.4%
Foreign born persons, percent, 2000	1.7%	2.0%
Language other than English spoken at home, pct age 5+, 2000	3.5%	3.9%
High school graduates, percent of persons age 25+, 2000	73.9%	75.3%
Bachelor's degree or higher, pct of persons age 25+, 2000	15.2%	19.0%
Persons with a disability, age 5+, 2000	25,861	945,705
Mean travel time to work (minutes), workers age 16+, 2000	23.4	24.8
Housing units, 2009	53,945	2,180,860
Homeownership rate, 2000	72.5%	72.5%
Housing units in multi-unit structures, percent, 2000	11.5%	15.3%
Median value of owner-occupied housing units, 2000	\$71,600	\$85,100
Households, 2000	45,307	1,737,080
Persons per household, 2000	2.42	2.49
Median household income, 2008	\$39,997	\$42,586
Per capita money income, 1999	\$17,367	\$18,189
Persons below poverty level, percent, 2008	17.6%	15.9%
Business QuickFacts	Calhoun County	Alabama
Private nonfarm establishments, 2007	2,574	105,627 <sup>1</sup>
Private nonfarm employment, 2007	40,922	1,722,834 <sup>1</sup>
Private nonfarm employment, percent change 2000-2007	0.8%	4.2% <sup>1</sup>
Nonemployer establishments, 2007	6,455	313,813
Total number of firms, 2002	7,741	309,544
Black-owned firms, percent, 2002	7.7%	9.3%
American Indian and Alaska Native owned firms, percent, 2002	F	0.9%
Asian-owned firms, percent, 2002	F	1.4%
Native Hawaiian and Other Pacific Islander owned firms, percent, 2002	F	0.0%
Hispanic-owned firms, percent, 2002	F	0.8%
Women-owned firms, percent, 2002	32.1%	26.4%



Manufacturers shipments, 2002 (\$1000)	2,020,839	66,686,220
Wholesale trade sales, 2002 (\$1000)	1,058,280	43,641,369
Retail sales, 2002 (\$1000)	1,160,387	43,784,342
Retail sales per capita, 2002	\$10,413	\$9,771
Accommodation and foodservices sales, 2002 (\$1000)	131,131	4,692,297
Building permits, 2009	194	13,266
Federal spending, 2008	1,627,952	47,965,756 <sup>†</sup>
<b>Geography QuickFacts</b>	<b>Calhoun County</b>	<b>Alabama</b>
Land area, 2000 (square miles)	608.46	50,744.00
Persons per square mile, 2000	184.6	87.6
FIPS Code	015	01
Metropolitan or Micropolitan Statistical Area	Anniston-Oxford, AL Metro Area	

# CLEBURNE COUNTY



## Legend

- County seat
- City, town or village
- Primary highway
- Secondary highway
- Other principal roads
- Route marker: Interstate:  
U.S.; State

## Population Key

BIRMINGHAM.....	100,000 to 500,000
Tuscaloosa.....	50,000 to 100,000
Gadsden.....	25,000 to 50,000
Albertville.....	5,000 to 25,000
Foley.....	1,000 to 5,000
Emmett.....	500 to 1,000
Element.....	up to 500

## Cleburne County, Alabama

People QuickFacts	Cleburne County	Alabama
Population, 2009 estimate	14,759	4,708,708
Population, percent change, April 1, 2000 to July 1, 2009	4.5%	5.9%
Population estimates base (April 1) 2000	14,123	4,447,382
Persons under 5 years old, percent, 2009	6.1%	6.7%
Persons under 18 years old, percent, 2009	23.0%	24.0%
Persons 65 years old and over, percent, 2009	15.2%	13.8%
Female persons, percent, 2009	49.6%	51.5%
White persons, percent, 2009 (a)	94.2%	70.9%
Black persons, percent, 2009 (a)	4.5%	26.3%
American Indian and Alaska Native persons, percent, 2009 (a)	0.3%	0.5%
Asian persons, percent, 2009 (a)	0.1%	1.0%
Native Hawaiian and Other Pacific Islander, percent, 2009 (a)	Z	Z
Persons reporting two or more races, percent, 2009	0.9%	1.1%
Persons of Hispanic or Latino origin, percent, 2009 (b)	2.4%	3.2%
White persons not Hispanic, percent, 2009	91.8%	68.0%
Living in same house in 1995 and 2000, pct 5 yrs old & over	66.9%	57.4%
Foreign born persons, percent, 2000	0.9%	2.0%
Language other than English spoken at home, pct age 5+, 2000	2.6%	3.9%
High school graduates, percent of persons age 25+, 2000	62.9%	75.3%
Bachelor's degree or higher, pct of persons age 25+, 2000	9.2%	19.0%
Persons with a disability, age 5+, 2000	3,202	945,705
Mean travel time to work (minutes), workers age 16+, 2000	30.3	24.8
Housing units, 2009	6,487	2,180,860
Homeownership rate, 2000	80.4%	72.5%
Housing units in multi-unit structures, percent, 2000	3.7%	15.3%
Median value of owner-occupied housing units, 2000	\$71,300	\$85,100
Households, 2000	5,590	1,737,080
Persons per household, 2000	2.51	2.49
Median household income, 2008	\$37,742	\$42,586
Per capita money income, 1999	\$14,762	\$18,189
Persons below poverty level, percent, 2008	14.8%	15.9%
<b>Business QuickFacts</b>	<b>Cleburne County</b>	<b>Alabama</b>
Private nonfarm establishments, 2007	192	105,627 <sup>1</sup>
Private nonfarm employment, 2007	1,909	1,722,834 <sup>1</sup>
Private nonfarm employment, percent change 2000-2007	-15.3%	4.2% <sup>1</sup>
Nonemployer establishments, 2007	1,021	313,813
Total number of firms, 2002	1,017	309,544
Black-owned firms, percent, 2002	F	9.3%
American Indian and Alaska Native owned firms, percent, 2002	F	0.9%
Asian-owned firms, percent, 2002	F	1.4%
Native Hawaiian and Other Pacific Islander owned firms, percent, 2002	F	0.0%
Hispanic-owned firms, percent, 2002	F	0.8%
Women-owned firms, percent, 2002	S	26.4%

Manufacturers shipments, 2002 (\$1000)	183,192	66,686,220
Wholesale trade sales, 2002 (\$1000)	D	43,641,369
Retail sales, 2002 (\$1000)	56,574	43,784,342
Retail sales per capita, 2002	\$3,888	\$9,771
Accommodation and foodservices sales, 2002 (\$1000)	4,234	4,692,297
Building permits, 2009	9	13,266
Federal spending, 2008	92,369	47,965,756 <sup>1</sup>
<b>Geography QuickFacts</b>	<b>Cleburne County</b>	<b>Alabama</b>
Land area, 2000 (square miles)	560.21	50,744.00
Persons per square mile, 2000	25.2	87.6
FIPS Code	029	01
Metropolitan or Micropolitan Statistical Area	None	

# **CALHOUN-CLEBURNE MENTAL HEALTH BOARD, INC.**

## **MISSION STATEMENT**

The mission of the Calhoun-Cleburne Mental Health Board, Inc. is to ameliorate and prevent mental illness, substance abuse and mental retardation. To accomplish this mission, the Calhoun-Cleburne Mental Health Board provides a comprehensive range of accessible, coordinated mental health services to the residents of Calhoun and Cleburne Counties.

Services – to the extent allowed by financial resources – are available to all residents of Calhoun and Cleburne Counties regardless of age, sex, race, color, creed, national origin, diagnostic category, voluntary or involuntary status, ability to pay, handicap, social status, or length of residence in the catchment area. Services are rendered in the least restrictive setting with compassion and respect for the unique needs for each individual and in full compliance with applicable laws, regulations, and relevant code of ethics.

## **CALHOUN-CLEBURNE MENTAL HEALTH BOARD STAFF**

As of September 30, 2009, the Calhoun-Cleburne Mental Health Board employed two hundred eighteen (218) full and part-time staff members. The staff includes:

3	M.D. Psychiatrist
1	Doctor of Philosophy - Counseling
7	Master's Degrees Social Workers
6	Master's Degrees Psychologists
21	Master's Degrees in Counseling/Other Related Fields
1	Pharmacist
2	Registered Nurses
1	Licensed Practical Nurse
43	Bachelor's Degrees in Psychology or Related Fields
109	Mental Health Workers
24	Administrative Personnel

**DEMOGRAPHIC DATA REPORT -- 2008-2009**

**TABLE 1**

**CONSUMERS SEEN BY AGE**

<b>Under 5 years</b>	<b>38</b>	<b>0.8%</b>
<b>5 – 9 years</b>	<b>296</b>	<b>5.9%</b>
<b>10 – 14 years</b>	<b>394</b>	<b>7.8%</b>
<b>15 – 19 years</b>	<b>419</b>	<b>8.3%</b>
<b>20 – 34 years</b>	<b>1,586</b>	<b>31.5%</b>
<b>35 – 49 years</b>	<b>1,403</b>	<b>27.8%</b>
<b>50 – 64 years</b>	<b>689</b>	<b>13.7%</b>
<b>65 and over</b>	<b>152</b>	<b>3.0%</b>
<b>N/A</b>	<b>61</b>	<b>1.2%</b>

**TABLE 2**

**CONSUMERS SEEN BY SEX**

<b>MALE</b>	<b>1,942</b>	<b>38.5%</b>
<b>FEMALE</b>	<b>2,123</b>	<b>42.1%</b>
<b>N/A</b>	<b>973</b>	<b>19.3%</b>

**TABLE 3**

**CONSUMERS SEEN BY RACE**

<b>WHITE</b>	<b>3,129</b>	<b>62.1%</b>
<b>BLACK/AFRICAN AMERICAN</b>	<b>846</b>	<b>16.8%</b>
<b>OTHER</b>	<b>100</b>	<b>2.0%</b>
<b>N/A</b>	<b>963</b>	<b>19.1%</b>

**TABLE 4**

**CONSUMERS SEEN BY INCOME LEVEL**

<b>Non-Public Assistance ( 0 - \$999)</b>	<b>3,349</b>	<b>66.5%</b>
<b>\$1,000 - \$5,999</b>	<b>216</b>	<b>4.3%</b>
<b>\$6,000 - \$9,999</b>	<b>679</b>	<b>13.5%</b>
<b>\$10,000 - \$24,000</b>	<b>612</b>	<b>12.1%</b>
<b>\$25,000 – over</b>	<b>182</b>	<b>3.6%</b>

**TABLE 5**

**CONSUMERS SEEN BY PAY STATUS**

<b>Client Fee</b>	<b>2,762</b>	<b>54.8%</b>
<b>Medicaid</b>	<b>1,995</b>	<b>39.6%</b>
<b>Other (Third Party or Insurance)</b>	<b>281</b>	<b>5.6%</b>

**TABLE 6**

**CONSUMERS SEEN BY EDUCATION LEVEL**

<b>Special Education</b>	<b>27</b>	<b>0.5%</b>
<b>Other</b>	<b>34</b>	<b>0.7%</b>
<b>No Formal</b>	<b>52</b>	<b>1.0%</b>
<b>K – 6<sup>th</sup></b>	<b>895</b>	<b>17.7%</b>
<b>7<sup>th</sup> – 9<sup>th</sup></b>	<b>765</b>	<b>15.2%</b>
<b>10<sup>th</sup> – 11<sup>th</sup></b>	<b>624</b>	<b>12.4%</b>
<b>High School – GED</b>	<b>1,095</b>	<b>21.7%</b>
<b>Some College</b>	<b>536</b>	<b>10.6%</b>
<b>College Graduate</b>	<b>86</b>	<b>1.7%</b>
<b>Advanced College</b>	<b>28</b>	<b>0.5%</b>
<b>N/A</b>	<b>896</b>	<b>17.8%</b>

**TABLE 7**

**CONSUMERS SEEN BY COUNTY**

<b>Calhoun</b>	<b>4,486</b>	<b>89.1%</b>
<b>Cleburne</b>	<b>552</b>	<b>10.9%</b>



TABLE 8

CONSUMERS SEEN BY PRIMARY PROBLEM

Adjustment Disorders	138	2.73%
Mood Disorders	1,437	28.52%
Substance-Related Disorders	574	11.39%
Disorders Usually First Diagnosed in Infancy, Childhood or Adolescence	950	18.85%
Schizophrenia & Other Psychotic Disorders	413	8.19%
Anxiety Disorders	164	3.25%
Mental Disorders Due to General Medical Condition Not Elsewhere Classified	11	.21%
Delirium, Dementia & Amnestic & Other Cognitive Disorders	14	.27%
Impulse Control Disorders Not Elsewhere Classified	14	.27%
Sexual & Gender Identify Disorders	1	.01%
Somatoform Disorders	4	.07%
Other Conditions That May Be a Focus of Clinical Attention	130	2.58%
Eating Disorders	1	.01%
Sleep Disorders	1	.01%
Personality Disorders	2	.03%
Unspecified Mental Disorders	27	.53%
DUI, SAFE, TransParenting	<u>1,157</u>	22.96%
TOTAL	5,038	

**TABLE 9****CONSUMERS SEEN BY CITY**

<b>Anniston</b>	<b>1,931</b>	<b>38.3%</b>
<b>Blue Mountain</b>	<b>3</b>	<b>0.05%</b>
<b>Hobson City</b>	<b>12</b>	<b>0.2%</b>
<b>Jacksonville</b>	<b>627</b>	<b>12.4%</b>
<b>Ohatchee</b>	<b>154</b>	<b>3.1%</b>
<b>Oxford</b>	<b>500</b>	<b>9.9%</b>
<b>Piedmont</b>	<b>364</b>	<b>7.2%</b>
<b>Weaver</b>	<b>188</b>	<b>3.7%</b>
<b>Alexandria</b>	<b>137</b>	<b>2.7%</b>
<b>Bynum</b>	<b>14</b>	<b>0.3%</b>
<b>Dearmanville</b>	<b>8</b>	<b>0.2%</b>
<b>Wellington</b>	<b>74</b>	<b>1.5%</b>
<b>Other Calhoun County</b>	<b>18</b>	<b>0.4%</b>
<b>Fruithurst</b>	<b>66</b>	<b>1.3%</b>
<b>Heflin</b>	<b>424</b>	<b>8.4%</b>
<b>Ranburne</b>	<b>78</b>	<b>1.5%</b>
<b>Edwardsville</b>	<b>10</b>	<b>0.2%</b>
<b>Other Cleburne County</b>	<b>70</b>	<b>1.4%</b>
<b>Outside Catchment Area</b>	<b>331</b>	<b>6.6%</b>
<b>N/A</b>	<b><u>29</u></b>	<b>0.6%</b>
<b>TOTAL</b>	<b>5,038</b>	

COMMUNITY SERVICE

<u>Community Contacts</u>	<u>No. Contacts</u>	<u>No. Hours</u>
Private Individuals	236	95.50
Colleges	417	16.50
Hospital Personnel	60	84.00
Substance Abuse Personnel	120	13.00
Sheriff - County Jail	14	12.50
Other Court – Juvenile	13	27.00
Probate Court	28	22.50
DHR	25	4.25
Nursing Home Personnel	0	0
Non-Contracted Business	5	10.50
Police – City Jail	19	21.50
Other School & Related Personnel	0	0
Secondary Schools	0	0
Private Physician	0	0
MH Personnel or Associate	1	1.50
Media	0	0
Civic Clubs	46	7.00
Probation or Parole Officer	1	5.00
Clergy & Religious Organizations		1.00
	<u>1</u>	
TOTAL	986	<u>321.75</u>

# Programs

## **CALHOUN-CLEBURNE MENTAL HEALTH BOARD SERVICE LOCATIONS**

### **CALHOUN COUNTY**

Calhoun-Cleburne Mental Health Board  
Main Center  
331 East 8<sup>th</sup> Street  
Anniston, Al. 36207  
Phone: (256) 236-3403  
Fax: (256) 238-6263

Residential Care Home  
700 Leighton Avenue  
Anniston, Al. 36207  
Phone: (256) 241-1492

New Directions  
Substance Abuse Clinic  
1640 Coleman Road  
Anniston, Al. 36203  
Phone: (256) 236-8003  
Fax: (256) 236-9926

Jacksonville Mental Health Center  
614 Pelham Road South  
Jacksonville, Al. 36265  
Phone: (256) 435-5502  
Fax: (256) 435-5797

Calhoun County Mental Retardation  
Adult Training Center  
1000 Al. Hwy. 204  
Wellington, Al. 36279  
Phone: (256) 892-0709

Mental Retardation Group Home  
7836 U.S. Highway 431  
Alexandria, Al. 36250  
Phone: (256) 820-0314

Mental Retardation Group Home  
7856 U.S. Highway 431  
Alexandria, Al. 36250  
Phone: (256) 820-7515

Mental Retardation Group Home  
3324 Cresthill Avenue  
Blue Mountain, Al. 36206  
Phone: (256) 238-0306

Mental Retardation Group Home  
1112 Lenlock Lane  
Anniston, Al. 36206  
Phone: (256) 820-1183

Independent Living Facilities:  
Meadow Park Apartments  
5108 McClellan Boulevard  
Anniston, Al. 36201

Cane Creek Apartments  
776 B & C Morton Road  
Anniston, Al. 36205

Action Industries  
1630 Coleman Road  
Anniston, Al. 36203  
Phone: (256) 835-1446  
Fax: (256) 835-3418

### **CLEBURNE COUNTY**

Heflin Mental Health Center  
150 Tompkins Street  
Heflin, Al. 36264  
Phone: (256) 463-2969  
Fax: (256) 463-5472

Cleburne County Mental Retardation  
Adult Training Center  
15386 U.S. Highway 78 East  
Fruithurst, Al. 36262  
Phone: (256) 579-5269  
Fax: (256) 579-2289

Mental Retardation Group Home  
15314 U.S. Highway 78 East  
Fruithurst, Al. 36262  
Phone: (256) 579-2908

## **Mental Illness**

**Children's Outpatient-** Is a program for children and their families. Emphasis is placed on diagnosing the problem(s) and implementing an intervention strategy with the family to ameliorate the problem.

**Children's Day treatment-** Is a comprehensive program to treat children that have, or are suspected of having, a delay in their emotional, behavior, or social development.

**Adult Outpatient-** Is a service provided for a wide range of disabilities from less severe emotional adjustment problems to severe mental illnesses. The service assists in the diagnosing and treatment of these problems.

**Adult Intensive Day Treatment-** Is an identifiable and distinct program that provides services designed to bridge acute treatment (Partial Hospitalization) and less intensive services (i.e. Outpatient) with goals of community living skills acquisition/enhancement, increased level of functioning, and enhanced community integration. Activities which include problem solving, assertive training, interpersonal skills building and other medical services relating to psychiatric illnesses.

**Rehabilitative Day Program** – is an organizationally distinct program that provides long-term recovery services with the goals of improving functioning, facilitating recovery, achieving personal goals, regaining self-worth, optimizing illness management, and helping consumers to become productive participants in family and community life.

**Assertive Community Treatment-** Provides an intensive and comprehensive based treatment for the seriously and persistently mentally ill utilizing non-traditional, aggressive outreach treatment in the community.

**Geriatric Services-** This outpatient program provides services to those clients 65 years of age or older as well as any age that resides in a long term care facility.

**Partial Hospitalization Program-** Provides intensive, structured, active, and clinical treatment with the goal(s) of acute symptom remission, hospital avoidance, and/or reduction of inpatient length of stay.

**Case Management Services-** Offers coordination of services such as assessment, living arrangements, health needs, etc; provided to the mentally ill clients and their families.

**Project Find-** Is an intense, in- home mental health service for children and adolescents between the ages of 5-17.

**Residential Care Home-** Is a specialized behavioral care home for adults with serious and persistent mental problems. The Residential Group Home provides residential services emphasizing social rehabilitation, supportive training, and basic living skills. It is a fourteen bed residential facility that provides 24 hour supervised congregate living located in a community setting.

**Semi-Independent Living** – provides living resources for individuals experiencing a serious mental illness. Apartments are leased from the private sector and sub-let to individuals meeting the admission criteria. Each resident of the semi-independent living facility must remain involved in one of the Boards operations, e.g. Outpatient, Adult Intensive Day Treatment, etc.

**Diagnostic and Evaluation** – collects valid and reliable diagnostic and evaluative data and provides relevant information that is consistent with the referral request. Data is gathered through the administration of standardized objective and/or projective tests of an intellectual personality, or related nature.

**Emergency Service** – the general function of the Emergency Service is to provide around-the-clock crisis intervention to those persons who are in need of immediate care. Intervention is accomplished either by telephone or face-to-face contact, depending upon the nature and extent of the emergency.

### **Substance Abuse**

**Substance Abuse Day Treatment-** Is a step down from residential treatment and is the most intense substance abuse program offered by Calhoun Cleburne Mental Health Center. This program is for those who need residential treatment and cannot go due to financial reasons or for those waiting for residential treatment. The program meets 5 days per week from 8:30am to 12:30pm.

**New Directions Substance Abuse Program (Adult and Adolescent)-** Provides comprehensive care to the substance abuser and his/her family. Services for the abuser include individual, group, and family therapy as well as information and referral to appropriate resources. Intensity of services (General Outpatient or IOP) is determined at the time of the assessment. Services are also provided to individuals with a dual diagnosis.

**Court Referral Program-** The DUI Level I Program (D.U.I. School) provides a 10 hour structured educational program for court-referred offenders in Calhoun and Cleburne Counties. The Level II Program (primarily multiple offenders) is a 24 hour program which provides intensive education for the offender and his/her family.

**Case Management Services-** Offers coordination of services such as assessment, living arrangements, health needs, etc; provided to the substance abuse clients and their families.

**Emergency Service** – the general function of the Emergency Service is to provide around-the-clock crisis intervention to those persons who are in need of immediate care. Intervention is accomplished either by telephone or face-to-face contact, depending upon the nature and extent of the emergency.

## **Intellectual Disabilities**

**Residential Services-** The homes operate 24 hours a day, seven days a week. Mentally retarded clients live in the homes and are transported each day to a training center, work center, or a school to participate in programs designed for the mentally retarded.

**Habilitative Day Programs (Duke School and Fruithurst)** - Two facilities operate five days a week, serving developmentally disabled persons with a variety of services. Students participate in vocational, social, recreational, and educational programs designed to help them achieve a more self-sufficient life-style.

**Supported Employment (Action Industries)** - A sheltered workshop for mentally retarded adults. The program is certified for forty-five people to perform contract work with local industries. The ultimate goal is eventual job placement in competitive employment.

**Case Management Services-** Offers coordination of services such as assessment, living arrangements, health needs, etc; provided to the mentally retarded clients and their families.

**Emergency Service** – the general function of the Emergency Service is to provide around-the-clock crisis intervention to those persons who are in need of immediate care. Intervention is accomplished either by telephone or face-to-face contact, depending upon the nature and extent of the emergency.



# Budget

**CALHOUN-CLEBURNE MENTAL HEALTH BOARD, INC.**  
**Actual vs. Projected**

	<u>2009-2010</u>	<u>2010-2011</u>
	<u>BUDGET</u>	<u>BUDGET</u>
<u>EXPENSE:</u>		
Salaries & Employee Benefits	\$7,600,000	\$7,626,235
Travel	165,000	143,530
Rent	162,485	130,160
Telephone	110,000	102,000
Utilities	239,940	245,000
Repairs & Maint. Building & Grounds	200,000	205,525
Storage Space	780	780
Office Supplies	99,820	102,695
Postage	11,650	13,000
Janitorial Supplies	59,330	44,150
Food	195,700	187,115
Program Supplies & Activities	100,000	117,500
Training	15,000	7,500
Van Expense	159,500	180,000
Other Supplies	82,480	82,000
Equipment (Repair, Maintenance & New)	40,000	35,000
Professional Services	473,950	519,870
Client Medical Expense	6,000	2,500
Client Salaries & FICA	55,000	35,000
Insurance and Bonding	200,000	216,600
License, Dues & Fees	18,075	20,000
Medication Expense	315,000	131,300
Depreciation-Building	81,430	89,995
Depreciation-Furn. & Equip.	277,115	254,415
Bad debts	200,000	200,000
Interest - Bldg. Loan	22,140	22,695
Miscellaneous	<u>85,000</u>	<u>140,500</u>
<b>TOTAL EXPENSES</b>	<b>\$10,975,395</b>	<b>\$10,855,065</b>